

April 2018

Happy Spring!

If you were a member of the popular press, you'd probably be happy with 2018's first quarter performance. At last – some [volatility-fueling news](#) in early February, with plenty of enticing “largest,” “fastest,” and “worst” market superlatives to savor after a long, languid lull.

As usual, there are plenty of potential culprits to point to among current events: global trade wars heating up, the arrival of quantitative tightening (rising interest rates), troubles in tech-land over data privacy concerns, ongoing Brexit talks, and some interesting events over in the Koreas. At quarter-end, one hopeful journalist asked, “[Is the Bear Market Here Yet?](#)” Another [observed](#): “[T]he number of [Dow Jones Industrial Average] sessions with a 1% move so far in 2018 are more than double 2017's tally, and it isn't even April.”

Has the coverage left you wondering about *your* investments? Most markets have been steaming ahead so well for so long, even a modest misstep may have you questioning whether you should “do something,” in case the ride gets rougher still.

If we've done our job of preparing you and your portfolio for market jitters, you might be able to cite back to us why you've already done all you can do to manage the volatility, and why it's ultimately expected to be good news for evidence-based investors anyway. Remember, if there were never any real market risk, you couldn't expect extra returns for your risk tolerance.

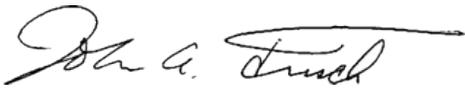
That said, you may have forgotten – or never experienced – how awful the last round of extreme volatility felt during the Great Recession. Insights from behavioral finance tell us that our brain's ingrained biases cause us to gloss over those painful times, and panic all over again when they recur, long before our rational resolve has time to kick in.

A constructive way to think about recent market performance is as a telling preview of what the next, worse market downturn might feel like. How are you doing so far, and how can we help?

If you noticed the news, but you're okay with where you're at, that's great. If the volatility is bothering you, let's talk; we may be able to ease your angst. If you continue to struggle with whether you made the right decisions during quieter markets, let's plan a rational shift to better reflect your real risk tolerances and cash-flow requirements. Not only is your peace of mind at least as important as the dollars in your account, you could end up worse off if you've taken on more risk than you can bear in pursuit of higher expected returns.

As *Wall Street Journal* columnist [Jason Zweig said](#) during the February dip: "A happy few investors ... may have long-term thinking built into them by nature. The rest of us have to cultivate it by nurture." We couldn't agree more, and we consider it our duty and privilege to advise you accordingly, through every market climate.

Yours truly,

A handwritten signature in black ink that reads "John A. Frisch". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

John A. Frisch, CPA/PFS, CFP®, AIF®, PPC®
President & Founder